

Leading with Your Eyes Closed

Developing Your Intuitive Leadership Skills through
Self Discipline and Mindfulness

#MindfulnessLeadershift

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The Definition of Leadership - *INFLUENCE*

Developing the Leader Within You 2.0

- John Maxwell

Reflection: "The world becomes a better place when people become better leaders." (J. Maxwell)

Agree? Disagree?

WHY MANY PEOPLE DON'T DEVELOP AS LEADERS – They believe:

1. I'm Not a Born Leader, So I Can't Lead
2. A Title and Seniority Will Automatically Make Me a Leader
3. Work Experience Will Automatically Make Me a Leader
4. I'm Waiting Until I Get a Position to Start Developing as a Leader

Which of the above reasons to has been your default for lack of development as a leader?

How will You Develop the Leader Within You?

Influence is the beginning of true leadership. As you evaluate your life, where can you increase your influence to enhance your leadership?

Insights about INFLUENCE

1. Everyone Influences Someone
2. We May Not Always Know Who or How Much We Influence
3. The Best Investment in Tomorrow is to Develop Your Influence Today

Where are you leading someone now that you could expand your influence?

The Five Levels of Leadership

1. Level 1: Position- Influence Based on Rights

Positional Leaders Look for Security Based on Title More Than Talent
Positional Leaders Can't Get People to Follow Them Beyond Their Defined Authority.

How did a positional leader you worked for hinder your growth?

2. Level 2: Permission -Influence Based on Relationship

If you've been given a leadership position, then you've been given your boss's permission to lead.
If you've earned influence on Level 2, then you have acquired your people's permission to lead.

How do you gain permission to lead others?

DO Now: Learn to see the other's person's eyes by asking questions

3. Level 3: Production- Influence Based on Results

Production level of leadership is based on whether leaders get things done. People tend to follow based on what the leader has done.

Are you more driven by results or by people?

DO NOW: Initiate and accept responsibility for your own personal growth

4. Level 4: People Development – Influence Based on Reproduction

This level of leadership is grounded in creating long lasting both individual and team development.
The main goal is to develop people by helping them reach their potential

How do you invest in people?

DO NOW: Develop the people around you, they are your most asset

5. Level 5: Pinnacle - Influence based on Reputation and Respect

People follow because of who you are and what you represent. The challenge for this level is that you must obtain and apply leadership at levels 1-4 with each person you encounter to have long lasting legacy.

Are you able to assess your influence as a legacy?

DO NOW: Teach and encourage to develop other high-level leaders

*"Leaders become great not because of their power,
but because of their ability to empower others"*

-John Maxwell

APPLICATION: Developing the Influencer Within you

FAB 5	Who are the 5 people you influence the most in your life?		
	Personal	Professional	
What do you think is the reason you have influence with them?			
Who has invested the most in your success and development outside of your family?			

Put a plan in place to get to the next level. What can you do to "earn" more influence?

People Development

Key Reflective Questions	Next Steps in Mindfulness Leadership
Am I passionate about my personal growth?	
Does my growth journey have credibility?	
Are people attracted to me because of my growth?	
Am I successful in the areas where I want to develop others?	
Have I crossed over the spend time / invest time line?	
Do I have a teachable way of life?	
Am I willing to be a vulnerable role model and coach?	
Do the people I develop succeed?	

Mindfulness Mindshift

Mindfulness is simply a type of training for the mind. It can be practiced at anytime, anywhere and only requires awareness. It is an intentional practice of living each moment fully.

Try It:

1. **Start now!** Embrace the Present.
2. **Let Go!** Try not to hold on to experiences or emotions being mindful of the fact that it is in the nature of all things that they pass on their own accord.
3. **Be Compassionate!** As we are more compassionate, we develop a sense of interconnectedness with others and with the world around us.

“Mindfulness reminds us to be open to not knowing, and to be comfortable with uncertainty.”

Kim Davies

- Begin with a Beginner's Mind
- Approach with Experiences with Curiosity
- Remain Non-Judgmental
- Accept Your Experience "As is"

Join a Master Mind Session Today!

Limited spaces still available for our upcoming sessions:

- Mindfulness Leadershift
- Connection: Minding & Mending the Brokenness
- Developing the Leader Within You – 2.0 – Maxwell Series

Email for more information: AndrellHouse@outlook.com

or contact us for more class sessions AndrellHouse.com

