VIDEO PRESENTING FOR PEOPLE WHO HATE BEING ON VIDEO! SELF-REFLECTION

Presenting on video is an increasingly important skill for all stakeholders in online learning. Research has shown that instructor generated video has a positive relationship to student perceptions of both instructor engagement and their own learning in an online course (Borup, West, and Graham, 2012; Hibbert, 2014). For instructional designers, educational technologists, and anyone involved in faculty development for online learning, providing training and production support for faculty-led videos can be an important skill. People in these roles may provide better support to faculty presenters if they also have experience presenting in front of a camera and may also find many opportunities to appear on camera themselves.

Not everyone likes being on video, and some hate it! We developed this activity to initiate reflection for anyone gathering the courage to appear on video or improving their video presence.

REFLECTION ACTIVITY!

Who are some video presenters or speakers I admire?

Who are some video presenters or speakers that have a style similar to mine or which I could emulate?

What resources or people do I have access to in order to create a video in which I’ll appear?

Who are some people I trust to have around when shooting a video?

What are the biggest fears or obstacles I face in appearing on video?

What are some specific situations in which it could be helpful to appear in a video in my work context?

What tips would I give to someone else who is about to appear on video?

What are some ways I can practice?

ACKNOWLEDGMENTS

Presenters: Randall Beaver, Brandon Castro, Latoya Danford-Stewart, Ena Urbina. Thanks to: Daliz Rodriguez, Sam Trujillo, Rey Martinez and FIU Online Multimedia Team.

REFERENCES


VIDEO PRESENTING FOR PEOPLE WHO HATE BEING ON VIDEO! TIPS

Surround yourself with people you trust. Be yourself - do it in a style that works for you. And just do it!

It is OK to make a mistake. You can practice by giving presentations in front of people or in front of any camera.

Remember you're having a conversation with a human on the other end. It's OK to not be perfect!

Don’t memorize - get comfortable with the content and be conversational.

Just get comfortable and remember to have fun!

What are some tips you could give to others?

Scan me to check out our materials and resources.