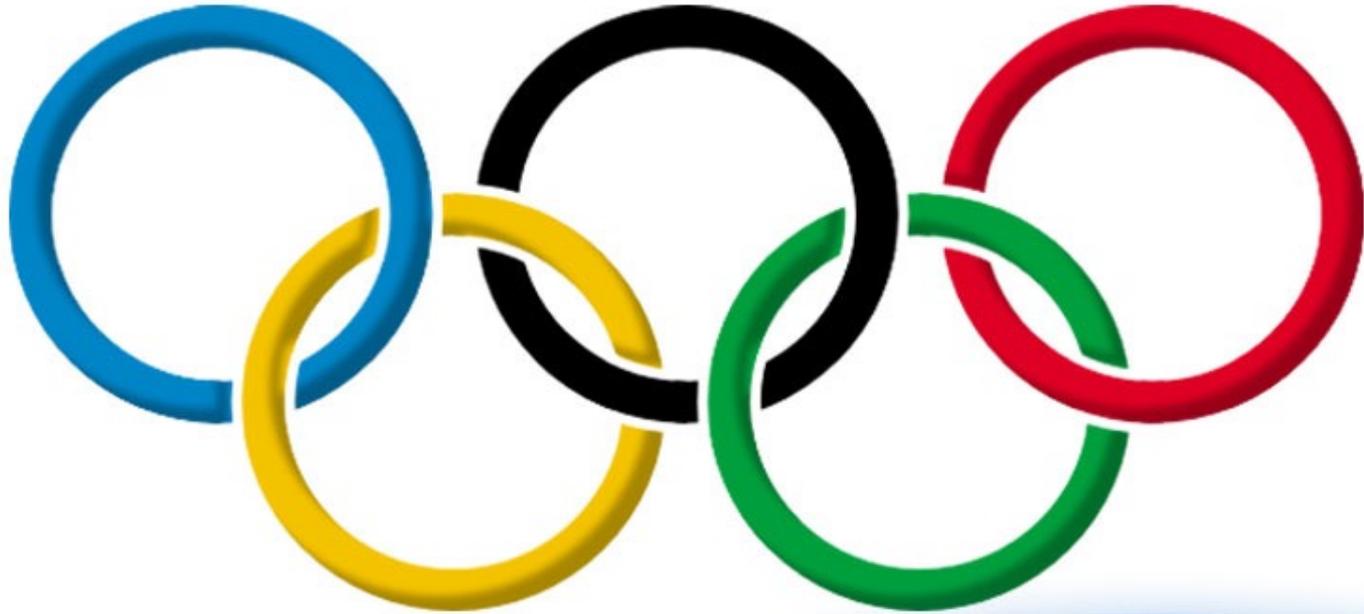


# Stick the Landing: Faculty Gymnastics Guidance for Blended and Flipped Learning



## **Presenters:**

Georgette Gorman

Holly Love

Marlene Blake

# Agenda

Much like gymnastics events at the Olympics, instructors in Blended/Flipped classrooms can feel like they are competing in the **floor exercise**, **high bar**, and **balance beam**.

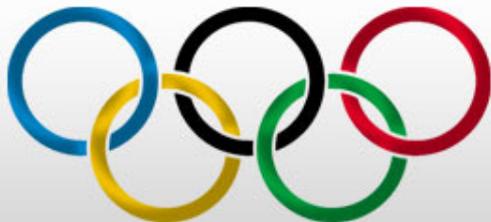
Get ready to score a **perfect 10** on each classroom event:

- Acrobatic-like accommodations
- Holistic high bar self-regulation
- Balance beam student support

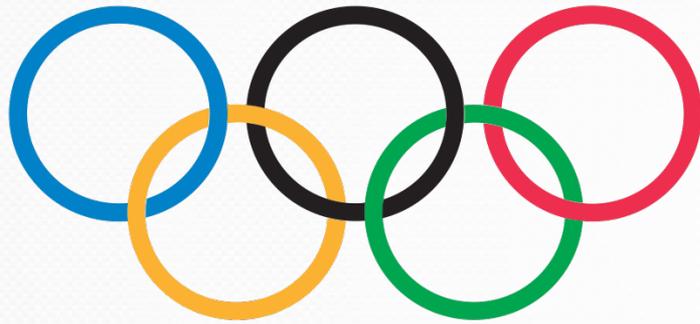


# Blended & Flipped Learning

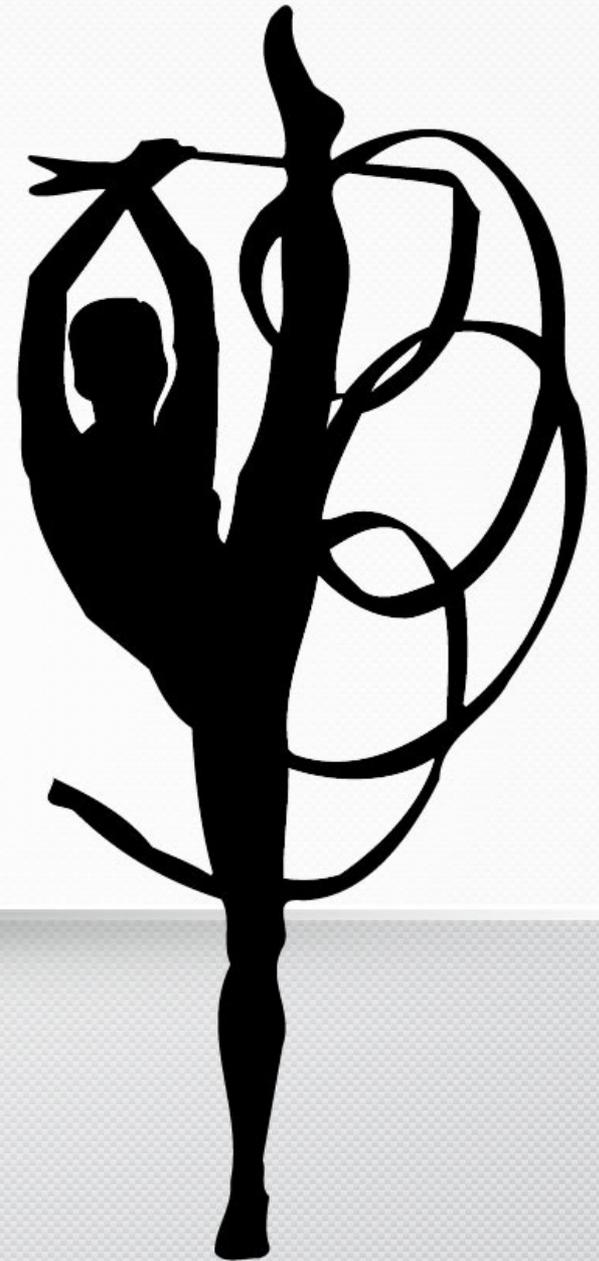
- **Blended Learning**: Online and traditional educational model
- **Flipped Learning**: An instructional strategy where students take ownership of their learning, reviewing materials and preparing prior to class.



# TOKYO 2020



**Send me a Postcard  
Activity...**



# A Postcard from Japan...

*Instructor Love,  
I am writing to let you know that  
my flight home from the Olympics  
has been delayed. I have been  
traveling for over 12 hours and my  
assignment will be late this week. I  
know you are an American citizen  
just like me so there won't be any  
problems with you accepting my  
late work. GO USA!  
Mykala Skinner*



*Instructor Love*  

---

*123 Lopes Lane*  

---

*Grand Canyon University*  

---

Postcard template by [www.craftideas4kids.com](http://www.craftideas4kids.com)



# A Postcard from Japan...

*Instructor Love,  
I am writing to let you know that  
my flight home from the Olympics  
has been delayed. I have been  
traveling for over 12 hours and my  
assignment will be late this week. It  
has been a difficult trip but an  
amazing one. I understand the late  
penalty but was hoping we could  
chat upon my return to see if there is  
anything I can do!  
Mykayla Skinner*



USA GYMNASTICS.



*Instructor Love*  

---

*123 Lopes Lane*  

---

*Grand Canyon University*  

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Postcard template by [www.craftideas4kids.com](http://www.craftideas4kids.com)

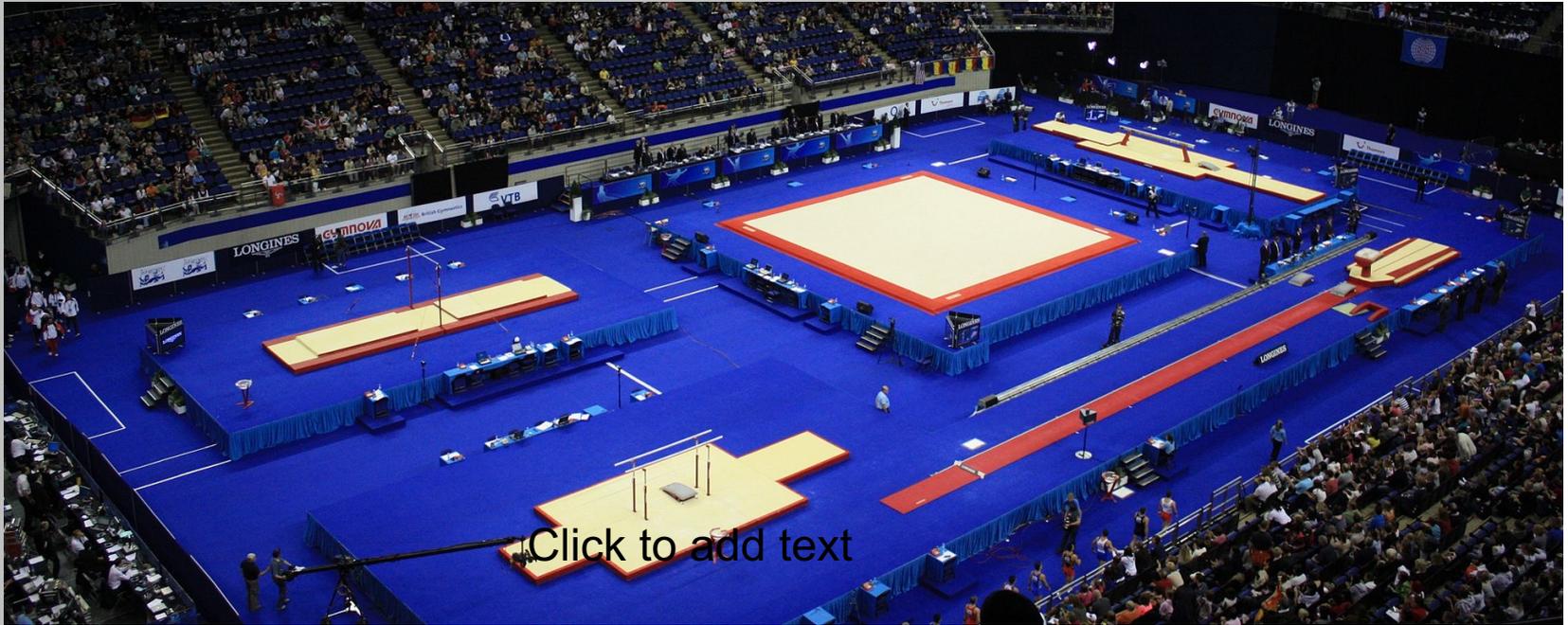


A cheerleader in a black, long-sleeved, sequined leotard is sitting on a gold-colored beam. She has her hair in a high ponytail with a red bow. Her arms are extended to the sides. In the background, a large crowd of spectators is visible in a gymnasium setting. A person is visible below the beam, supporting it.

How do you feel upon reading both postcards?

How would you respond to Mykala?

What kind of accommodations could you provide to Makayla due to her circumstances?



# What do you mean acrobatic-like accommodations?

A level of flexibility and grace...

An accommodation is a change that removes a barrier to learning or getting work done.



# Acrobatic-like Accommodation Tips and Tricks

## Communication

- Connect with Students Personally
- Provide Extra Time With Guidelines
- Set Expectations Early
- Get Ideas From Others
- Faculty Department

## Technology

- Strengthen Engagement
- Use Multiple Methods of Technology

## Student Support Services

- Disability Services
- Counseling Services
- Academic Support Services



# Self-Regulated Learning

The process a student engages in when taking responsibility for their own learning and their role in their own academic success.

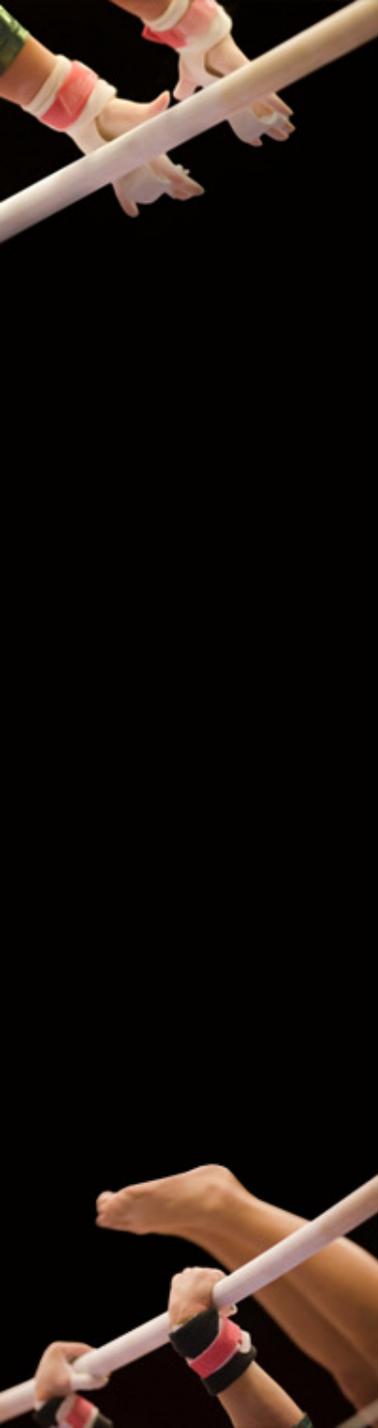
- **Planning**
- **Monitoring**
- **Reflection**



**What can you do to help students learn to self-regulate?**

[https://padlet.com/georgette\\_gorman/FFC2021](https://padlet.com/georgette_gorman/FFC2021)

**Planning, Monitoring, Reflecting**



<b>Planning</b>	<b>Monitoring</b>	<b>Reflecting</b>
Share your approach / thought process to achieving the task	Provide Ongoing Support / clarify expectations	Ask students to retrieve/apply prior knowledge
Create mini-tasks for assignments	Create Checklists/Scoring Guides	Have students “grade” themselves, prior to submission
Add tasks to Student Calendars	Emphasize the use of Rubrics	Provide feedback that promotes confidence (self-efficacy)
	Have students submit drafts or encourage peer reviews	Provide a mini-survey where students have to reflect on their role in their grade.

As the class progresses, let students take more control of these steps

(Kirk, n.d.)



# Reflecting - Ownership

Enabling students to become autonomous and independent learners requires that faculty promote the idea of ownership in the learning process (Stefani et al., 2000).

1 of 1

● SHORT ANSWER

FINISH QUIZ

How prepared were you for the quiz (on a scale of 1 - 5, with 1 = Not Prepared and 5 = Very Prepared)? What can I do, as an instructor, to help for the next quiz? What could you do differently?

Enter Answer Here



(Stefani, Clarke, & Littlejohn, 2000)



# Reflecting - Resilience

- Increases mindfulness
- Allows for better reception of feedback
- Increases understanding of strengths
- Increases understanding of consequences
- Allows students to learn from their mistakes.

# Balancing a New Normal...

**Balance Beam** learner-centered approach:

- Encourage active **engagement**
- Maintain **motivation** and professionalism
- Create **connection** opportunities
- Support and integrate **technology**



(Green et al., 2017; Yilmaz, 2017)



# Balancing Student Support

**Balance Beam** approach with the 3 Rs:

- Establish **R**elationships
  - *Classroom Community*
- Maintain **R**igor
  - *Prioritize Progress*
- Demonstrate **R**elevance
  - *Practice Preparation*



(Henry, 2014)



# Balancing Relationships

## Relationships:

- Personalize to make content more meaningful
  - Optional videos via Flip Grid
  - Photo videos via Animoto
  - 1 fun fact, 2 tips, 3 words



# Balancing Rigor

## Rigor:

- Challenge students with questions
- Establish opportunities to connect experiences, events, and examples



# Balancing Relevance

## Relevance:

- Technology helps to increase relevance
  - Motivation Monday
    - How to [Stay Motivated](#), Using Psychology
    - Make time for fun, [Happiness Calendar](#)
  - Ted Talk Tuesday



Back to Motivational Mindset Matters

### Got Grit?

Jul 27, 2018

**Directions:**  
Watch the [Grit: The Power of Passion and Perseverance](#) Ted Talk video.

1. What was your most meaningful take away from this Ted Talk?
2. How will grit influence your Purpose Plan?
3. If you were to give a Ted Talk, what would you like to talk about and why?

**Grit: The Power of Passion and Perseverance**  
TED

# Balancing Student Success

## Balance Beam EMPOWER approach:

- **E**mpathy
- **M**otivation
- **P**urpose
- **O**wnership
- **W**illingness
- **E**ngagement
- **R**elating



Did you score a **perfect 10** on each classroom event?

- Acrobatic-like accommodations
- Holistic high bar self-regulation
- Balance beam student support



## Closing Ceremony



# Questions?

Don't forget to complete the survey...



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